

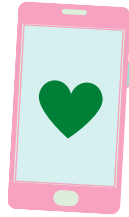
KINDNESS BINGO



Donate a toy or book



Call a family member you haven't talked to in a while to tell them you love them

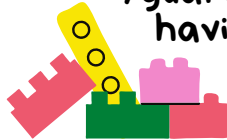


Write a thank you letter to a teacher

Give someone a compliment



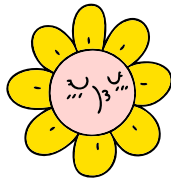
Clean your room without your parents /guardians having to ask you to



Tell someone a joke to make them laugh

HA HA HA!

Create your own act of kindness and write it here _____



YOU PICK for Pay It Forward LVZ Day-9/12

payitforwardlvz.com

Leave kindness notes for friends or strangers to find

You're Amazing!

Help a relative with a chore



Ask a friend if they need help with something and then help them



Hold the door open for someone



NOTE TO PARENTS/GUARDIANS:

This kindness bingo is part of the Pay It Forward LVZ initiative held every year on September 12th to spread kindness and make the world a brighter, happier place.

Use #payitforwardlvz to promote the initiative and inspire others to participate in making a difference. Learn more at payitforwardlvz.com.